



Shri Sangameshwar Education Society, Solapur

Kannada Linguistic Minority Institute

Sangameshwar College, Solapur

(Autonomous)

The Written Test – the First Phase of the Selection Process
for the Post(s) of Assistant Professor

Syllabus

Subject: Psychology

Unit 1: Perspectives, Subfields of Psychology and Biological Bases of Behavior:

Major Perspectives: Behavioral, Cognitive-Biological, Evolutionary, Developmental, Psychodynamic, Social and Cultural. Major Subfields of Psychology: Clinical Psychology, Counseling Psychology, Developmental Psychology, Educational Psychology, Experimental Psychology, Cognitive Psychology, Industrial / Organizational Psychology, Psychobiology and Evolutionary Psychology, Social Psychology. Biological Bases of Behavior: The Nervous System –Basic structure and functions and its major divisions.

Unit 2: Human relationship skills:

What is Human Relation Skill's, what are coaching skills, Listening skills, Understanding skills, Manage shines skills, Choose relationship skill Intimacy Companionship, Sex and Assertive, Intimacy skills, Companionship skills, Sex relationship skill, Assertiveness skills.

Unit 3: Memory, Forgetting and Intelligence:

Stages of Memory: Sensory, Short term (working) memory (STM), Long term memory (LTM). Forgetting: Ebbinghaus and forgetting curve, Encoding failure, Memory trace, decay theory, Interference theory. Intelligence: Measuring intelligence, Binet mental ability test, Stanford – Binet and IQ, The Wechsler tests, Theories of intelligence (Spearman, Gardner, Sternberg)

Unit 4: Motivation and Emotion:

Motivation: Approaches (Drive reduction theory, Arousal Approach, Incentive Approach, And Humanistic Approach). Emotion: Three components of emotion, Theories of emotions (James Lange, Cannon Bard, Schechter Singer theory)

Unit 5: Adjustment Psychology and Health:

Adjustment and Modern Life: (The Scientific Approach to Behaviour Experimental Research, Co relational Research). Coping Process: Common Coping Patterns, (Appraisal –focused constructive coping, Problem - focused constructive coping, Emotion - focused constructive coping). Current Perspectives on Health and Illness: (The Bio-psychosocial Perspectives, Habits, Life Style and Health, Reaction as to Illness).

Unit 6: Discovering the Life Span:

Adolescence Physical and Cognitive Development. Adolescence Social and Personality Development (Identity–Who Am I?), Relationships, Family and Friends, Dating Sexual Behavior and Teenage Pregnancy

Unit 7: Social Psychology and Social Perception:

A Working Definition and Scientific Nature, Research Methods in Social Psychology, Systematic Observation, And Correlation Method.

Unit 8: Psychopathology, Perspectives, Disorder and Basic Clinical Psychology:

Criteria of Psychological Disorder (Abnormal Behavior). Theoretical Perspectives to Psychopathology: Psychodynamic Perspectives, Behavioral Perspectives, Cognitive Perspectives Integrative Perspectives - The Diathesis Stress Model. Types of Anxiety Disorder: Generalized Anxiety Disorder, Separation Anxiety Disorder, Phobia-Specific and Social Agrophobia, Obsessive Compulsive Disorder (OCD), Post Traumatic Stress Disorder (PTSD). Depressive and Bipolar Disorder: Types of Depressive Disorder, Dysthymic, Major Depressive Disorder. Causes and Treatment of Depression: Causes- (Risk factors in Depression, Biological factors in Depression, Treatment- (Antidepressant Medication, Electroconvulsive Therapy) Interpersonal Psychotherapy, Social Skill Training. Basics of Clinical Psychology: Classification & Diagnosis (Nature and Purpose of Assessment in Clinical Psychology, Methods in Clinical Psychology, And Diagnostic Criteria in Clinical Psychology).

Unit 9: Teaching Methodology and NAAC